

## **Ear Pierce After-Care Instructions**

- 1. Be sure your hands are clean before touching your ears.
- 2. Avoid contact with substances which may irritate your ears, such as hairspray, makeup, etc. In the event of a persistent problem or irritation, consult with Dr. Few.
- 3. Keeping the stud in your ear, use a disposable alcohol swab to clean your new earstud, and surrounding skin, twice a day; and after exposure to unsanitary conditions. Do not use antiseptic ointments, such as bacitracin, unless advised by your physician.
- 4. Be careful not to catch your new studs on clothing, hairbrush, etc.
- 5. Keep the stud in place until your ear is completely healed, usually six weeks. Thicker earlobes may require a longer healing time.