



INJECTABLE POST TREATMENT INSTRUCTIONS

Botox & Dysport

- Botox may take up to 14 days to take effect.
- Dysport may take up to 7 days to take effect.
- It is normal to have small reddish bumps at the injection site immediately after a Botox or Dysport treatment. These bumps usually go away within one hour after treatment.
- Make-up can be worn after treatment.
- Botox & Dysport typically last 3 to 4 months. For optimal long term results and to reduce the chances of future wrinkling, it is recommended that you come in every 3 to 4 months for treatment.
- It is advised that you do not massage the area or participate in strenuous activity for 4 hours after your treatment.

Dermal Fillers: Restylane, Juvederm, Perlane, Prevelle, Evolence, Radiesse

- It is normal to experience tenderness at the injection site for a few days post treatment. Bruising and swelling are also very normal side effects of Dermal Filler treatment. Not all patients' experience bruising and/or swelling.
- Cool compresses may be used to the treated area immediately after treatment to reduce swelling.
- Avoid massaging the area for the first 3 days after treatment. If you feel that any of the filler appears to be uneven, please contact our office.
- Please advise our office if you have a history of cold sores, as we can prescribe an anti-viral medication to prevent a future outbreak.
- Avoid taking aspirin and non-steroidal anti-inflammatory medications for 3 days after treatment, as this may increase the possibility of bruising at the injection site.
- The results from a dermal filler are noticeable within the first 24 hours and are usually at their peak within 72 hours, after the residual swelling has dissipated.
- Dermal filler duration varies depending on the location of injection. Please ask our office for more information on how long you can expect your dermal filler treatment to last.